



CANADIAN PENNY

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Record: Special Pressing: "Penny in My Pocket" ("Flip of "The Latin Way")
Sequence: Intro-A-B-A Mod-B-A-Ending Phase VI 'Foxtrot dedicated to Mas & Aiko Nabata
Footwork: Opposite except where noted Recommended Speed 44-46 September 27,2002

INTRODUCTION

- 1-4 WAIT;; MAN CHECK LADY DEVELOPE; BACK TWISTY VINE FOUR;
1-2 (Wait;;) Bfly pOS M fcg DRW lead feet free wait two measures;;
S- (SS) 3 (M-Chk-Lady Developē) M fwd L outside ptrn DRW,-, (W-bk R,-, raise L toe to R knee & kick DLC,-);
QQQQ 4 (Bk Twisty Vine 4) M bk R DLC trng slightly LF, sd L DLW, XRIF of L, sd L twds DLW (W-fwd L DLC slightly trng LF, sd R DLW,XLIB of R, sd R DLW);

PART A

- 1 - 9 BACK FEATHER FINISH; 3:..STEP ; IAIRI'IN ; BACK FEATHER; BACK FEATHER FINISH;
DOUBLE REVERSE; CURVING 3 ; BACK CURVING 3; HOVER TELEMAR;
1 (Bk Fea Fin) M-Bk R DLC,-, comm trng LF sd L DLW, thru R twds DLW outside ptrn (W-Fwd L outside ptrn DLC,-,comm trng LF sd R DLW, bk L twds DLW);
2 (3-step) Fwd L blend to CP,-, fwd R, fwd L fcg DLW in CP (W-bk R,-, bk L, bk R);
3 (Hairpin) Fwd R in CP DLW,-,(W-bk and slightly sd on L begin RF trn) fwd L w/strong body trn to R keeping head L w/strong rise to fc DRW, fwd R outside ptrn in Bjo (bk R RF, bk L);
4 (Bk Fea) Bk L,-, bk R w/R shoulder lead, bk L fcg DRW (W-fwd R,-, fwd L, fwd R in Bjo);
5 (Bk Fea Fin) Hk R DLC,-, comm trng LF sd L DLW, thru R twds LOD outside ptrn (W Fwd L DLC,-, comm trng LF sd R DLW, bk L twds LOD) ;
SS (SQ&Q) 6 (Dbl Rev) Fwd L trng LF,-, fwd & sd R tro LF bring L to R w/o wgt & spin LF on R to DLW (W-bk R,-, trn LF on heel transfer wgt to L /fwd & sd R trn LF, XLIF of R) ;
7 (Curving 3) fwd L comm LF trn twds DLC,-, cont LF trn fwd R, fwd L to CP RLOD;
8 (Bk Curving 3) Bk R twds LOD comm LF trn,-, cont trng bk L twds DLC , bk R twds COH;
9 (Hvr Telemar<) Fwd L,-, fwd R w/hovering action trng RF, sd & fwd L BJO DLW ;
10 - 16 NAT. HOVER CROSS;; (1st & 3rd times)[A-Mod 2nd time only; ;; NAT. HOVER CROSS CHECKED TO A CONTINOUS HOVER CROSS } OPEN TELEMAR ; NAT. PREP TURN : SAME FOOT LUNGE ;TELEMAR ENDING; FEATHER FINISH;
SQQ 10 - 11 (Nat Hvr Cross) Fwd R outside ptrn (W-bk L) comm RF trn rising at end of step,-, fwd and around L (W-fwd R) cont RF trn sd & fwd R twds DLW; Check fwd L small Step in SCAR, recover R, sd & fwd L twds DLC, fwd R outside ptrn Bjo;
QQQQ 12 (Open Telemark) Fwd L comm LF trn,-, cont LF trn sd & fwd R twds DLC, cont trng LF on R sd & fwd L twds DLW (W- Bk R DLC comm LF trn bring L to R no wgt,-, cont trn on R heel & transfer wgt to L toe, sd & fwd R); end SCP DLW
SQ- (SQQ) 13 (Nat Prep Trn) Fwd R DLW comm RF trn,-, sd L cont RF trn to fc COH, touch R to L (W-Bk L comm RF trn,-, fwd R between ptrns feet cont LF trn, swiveling RF on R small sd & bk L in preparation position);
SS 14 (Same foot Lunge) M-lower on L w/slight sway sd R twds LOD,-, chg sway (W- XRIB of L well under body cont transfer wgt to R soft knee,-, chg sway),-;
&QQS 15 (Telemark ending) M-slight body trn no wgt chg on the & count/step on L trng LF, sd & bk R DRC, cont trng LF sd & fwd L (W- on the & count fwd L/sd & fwd R moving around ptrn DRC, close L to R, sd & fwd R to SCP),-;
16 (Fea Fin) Thru R DLC,-,(W-thru L comm LF trn) Fwd L , (W-sd & bk R Bjo) fwd R DLC (W-bk L) ; End Bjo DLC

PART B

- 1-9** FALLAWAY WEAVE; ; HOVER TELEMAR; FEATHER; FALLAWAY WEAVE ;; THREE STEP; NATURAL TURN; SPIN TURN OVERTURNED;
- QQQQ 1-2 (Fallaway Weave) M-fwd L DLC, comm LF trn sd R LOD, cont LF trn Bk L DLW, bk R LOD, Bk L LOD, Bk R DLC, cont trng LF sd & bk L DLW, fwd R twds DLW (W-bk R DLC, bk L, bk R DLC, sd & fwd L DLW; Fwd R DLW , fwd L comm trng LF, sd & bk R twds DLW, bk L DLW);
- 3 (Hover) Fwd L, -, fwd R w/hovering action RF, sd &. fwd L ;{W-head closed}
- 4 (Feather) M-thru R DLC, -, (W-thru L, -, comm LF trn) fwd L, (W-sd & bk R Bjo), fwd R DLC (W-Bk L) ;
- QQQQ 5-6 (Fallaway Weave) ;; Repeat measures 1 & 2 of Part B
- 7 (3-step) Fwd L blend to CP , -, fwd R, fwd L fcg DLW (W-bk R,-, bk L, bk R); CP DLW
- 8 (Nat Turn) Fwd R trng RF ,-, sd L DLW, cont RF trn on L bk R twds LOD (W- bk L trng RF ,-, Cont trng on L heel close R to L transfer wgt to R , cont RF trn on R fwd L LOD) ;
- 9 (Spin Turn OT) Comm RF trn bk L twds wall toe in, -, cont RF trn fwd R DLC spin to fc DRW, sd & bk L DLC (W- comm RF trn fwd R twds wall ,-, cont RF trn bk L spin to fc DLC, fwd R DLC) ;

PART A (MODIFIED)

- 1 -9** BK FEA FIN; THREE STEP; HAIRPIN; BK FEA; BK FEA FIN; DBL REVERSE; CURVING 3; BK CURVING 3; HOVER TELEMAR;
- 1-9 Repeat: measures 1 thru 9 PART A;,,,,,;
- 10-17** HOVER CROSS CHECKED TO CONTINOUS HOVER CROSS;;; OP TELEMAR; NAT PREP TURN; SAME FOOT LUNGE; TELEMAR ENDING; FEATHER FIN;
- SQQ 10 Fwd R DLW ,-, fwd & sd L trng RF (W-Heel trn), fwd & sd R twds DLW w/upper body fcg DLC (W-Head R);
- QQQQ 11-12 Chk L fwd outside ptnr SCAR /DLW, Rec R, Check Fwd L, close R to L (W-sd L to Bjo); bk L to bjo, bk R to CP; (W-Head left), sd & fwd L, fwd R bjo DLC ;
- 13 (Open telemark) repeat measure 12 of Part A;
- 14 (Nat Prep Trn) repeat measure 13 of Part A;
- 15 (Same Ft Lunge)- repeat measure 14 of Part A;
- 16 (Telemark End) repeat measure 15 of Part A ;
- 17 (Fea Fm) repeat measure 16 of Part A;

PART B

REPEAT ALL OF PART B

PART A

REPEAT ALL OF PART A

TAG

- 1-2** DOUBLE REVERSE; CONTRA-CHECK & EXTEND ;
- 1 (Db. Rev) Repeat measure 6 of PART A;
- 2 (Contra-Chk) Lower on R fwd L checking , -, -(W lower on L bk R checking),-
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